

## Discerning Truth and God's Voice

- Does it sound like God?  
Does it sound like something God would say? Is it consistent with God as you know Him through scripture?
- Does it sound like Jesus?  
Does it sound like something Jesus would say? Is it consistent with Jesus as you see him revealed in the pages of the New Testament?
- Does it help you grow closer to God? (James 4:8)
- Does it help you be conformed to the Image of Christ? (2 Corinthians 3:18)
- Is it consistent with the fact that Jesus has come in the flesh? (1 John 4:1-3)
- Is it consistent with the fact that Jesus died on the cross for our sins? (Romans 3:20-24; 6:23; 8:1-14)
- Is it consistent with the death of our false self on the cross (Matthew 16:24)
- Is it consistent with previous experience that we have had that we know was God?
- Is it consistent with the fruit of the spirit? (Galatians 5:22)

Barry, William A., and William J. Connolly. *The Practice of Spiritual Direction*. HarperOne, 2009.